

## **2023 Spring Jays Men's Rugby Information and Registration**

The Liberty Jays Men's Rugby Club began in 2009. It has continued to build momentum. Our mission is to teach young men the game of rugby and work to instill the Core Values of World Rugby; discipline, passion, integrity, solidarity and respect in our players, fans and coaches. Together, our coaches, players and community work to build a strong team culture based on those core values. You can find [Parent and Coach Testimonials](#) about our program on our [website \(www.bluejayrugby.com\)](http://www.bluejayrugby.com).

The 2018 Liberty Jays won the Tier 2 State Championship. In 2019, we moved up to Tier 1. Our first game at the 2019 State Tournament, we lost to SLUH in a thrilling match. SLUH went on to win the championship and the Jays took a decisive victory to claim 3rd. The 2020 season was cut short and the 2021 season was regional play only due to COVID. In 2022, we won our district and traveled to St. Louis, losing in the semifinal by one point to the later 2022 State Champions. That loss left a bitter taste in our mouths and are looking forward to proving ourselves again in the 2023 competition season..

As coaches, we couldn't be more proud of the camaraderie and hard work that our young men have put into building a strong family. You can learn more about our coaching staff on our website by visiting our [Coaching Staff Page](#). Our coaching staff expect our players to be good ambassadors of rugby on the field as well as in the classroom. We have fun, travel and build lasting friendships but also expect hard work, discipline and dedication. We expect the same of our parents and fans. We look forward to an exciting season ahead for our gentlemen of Liberty High School! That is only possible with commitment and support from the coaches, players and parents! LHS has parental and fan support that is inspiring to watch. As the Jays, we have often outnumbered fans at away games and our sidelines were full of supporters. We look forward to working with all of you and continuing to build Jays Rugby!

### **Player Checklist:**

Each player is required to complete the applicable forms in this packet and sign them. Please check off everything on this checklist and return everything to Coach Davies:

- Player eligibility is four years from when the player first enrolled in 9th grade.**
- All players are required to get and submit a physical through PRIVIT:**  
<https://libertybluejays-mo.e-ppe.com/index.jspa>
  - **If you already have a physical on file for the 2022-23, you need to add Men's Rugby.**
- Parent Waiver, Consent and Registration Form** (Packet Page 3).
- Code of Conduct** (Packet Page 4).
- Payment Form and Payment** - please do not turn in any money without a form (Packet Page 5).
- Impact Testing with LHS Athletic Dep** (directions on Page 6).
- Receipt From USA Rugby** following online registration (be sure to choose Liberty Jays Men's Rugby Club in Missouri!

While players should be at all practices, they will not be allowed to participate fully until their physical appears on our roster in PRIVIT. They will not be allowed to contact until they have registered with USA Rugby (<https://usarugby.sportlomo.com/>).

### **Fees (talk to Coach Davies if money is an issue):**

- ★ When you register with USA Rugby, you will be charged \$65 (plus processing). Players must register with USA Rugby.
  - This fee covers referees, trainers, team registrations fees, state tournament expenses and MYR expenses.
- ★ You will owe the team \$50 in club fees and there is a payment form included in this packet.
- ★ Jerseys belong to the team and will be provided by the team at each game. Jerseys must be returned following every match.
- ★ Everyone is required to have solid black shorts (available for \$27) and solid black socks (\$6, or wear your own).
- ★ USA rugby has added major medical insurance to the benefits of membership but is only based on injuries resulting from practice and games. Go to <https://usa.rugby/> for more detail on what the insurance covers and the deductible.
- ★ AGAIN, if payment is an issue — PLEASE talk to Coach Davies. Though complete non-payment is not an option, we may be able to negotiate payment plans and financial help. There will be a fee for returned checks from BJN for checks with insufficient funds.

### Practice:

- ★ Players can participate fully in practice once they have a completed physical in PRIVIT, turned in paperwork and registered with USA Rugby.
- ★ Practice is mandatory and essential for the safety of all players. Players are expected to be at every practice and be on time for practice. **Players must report absences through the website prior to the missed practice.** On time means cleats on and ready at start time.
- ★ Practices are Monday, Wednesday and Thursday from 4:15 to 6:15 starting at LHS Practice Football Field. Rugby is a contact sport. If you are not at practice, the coaching staff cannot, with confidence, put you on the field. Attendance will be taken. Practice will move to Liberty Oaks Elementary and in the past, the district provided a shuttle.

### Practice Rules:

- **Please always have a mouth guard at practice and bring your own water.**
- Always remember to pack tennis shoes and cleats in case we need to be inside.
- Respect the building and those in it at all times. Please be perfect gentlemen at all times.
- Snow days for Liberty Public School District also cancels practice.
- Players are expected to come to practice in appropriate activewear to participate in an active, outdoor, contact sport.

### Tournaments/Home Games:

We have played home games at LHS's stadium and Hodge Park Rugby Field. The State Tournament is May 7th and 8th.

### Volunteers:

**It is our goal to involve as many parents in our rugby club as possible.** We wish to invite all parents to attend each game and travel with us. It is our mission to teach rugby properly so your sons can enjoy a game that offers them camaraderie, fitness, a great community and commitment to being an ambassador for their sport. Proper training and coaching reduces the risk of injury, which is a possibility in any contact sport. As coaches and promoters of the game, we have your son's health and safety in mind at all times. We need several parents to volunteer to lead several duties, to allow the coaching staff to focus on coaching. If you would be interested in leading or working in any of the following areas please let Coach Davies know as soon as possible:

- ★ **Fund-raising:** To avoid an extreme rise in team dues, fund-raising is vital and all players are required to participate. The team needs a parent (or multiple parents) to plan and organize fundraisers.
- ★ **Jersey Duty:** We need parents who would volunteer to wash the jerseys after each match. They are to be washed and hung to dry and folded back in the boxes for the next match, preferably in numeric order.
- ★ **Water Bottle Duty:** We need parent volunteers to also take the water bottles home to wash them and bring them back full for the next match.
- ★ **Team Apparel:** We need a player/parent to take on the project of designing some team apparel. These would serve as a fundraiser for the team as well as a positive and professional way to promote the team and sport. Designs will need to be approved by Coach Davies.
- ★ **Concessions Coverage:** We need parents to help cover these events and I would appreciate a parent who was willing to be the contact for this with the athletic department.

### Injuries:

Rugby is a contact sport, and like any other contact sport injuries happen on occasion. Your child's safety is of the utmost importance to our coaching staff and will always be valued more than any competition. If the injury is significant and they are required to seek professional medical attention, we want to make sure they are healed properly before returning to play. That means each player will be required to see the LHS Trainers, bring a signed note clearing your child for returning to play like any other athlete.

If your child is suspected of a concussion, it is required that professional medical personnel examine them the day of the injury. If it is confirmed they received a concussion your child will not be allowed to return to participating in practice until following the MSHSAA Return to Play Protocol and will only be introduced back to play slowly with non-contact practice at first. Your child will also need a doctor's note clearing them to return back to practice and play with the team. Your child is more important to us the rest of his life than for one game or season so making sure your players are being honest about their health is very important.

## Parental Waiver, Consent and Registration Form

As a parent or legal guardian of \_\_\_\_\_, I hereby give my full consent and approval for my child to participate as a member of the Liberty Jays Rugby Football Club in practices, games, various camps and activities.

I understand that there are certain risks inherent in playing the sport of rugby, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.

In addition to giving my full consent for my child's participation, I do hereby waive, release and hold harmless the Liberty Jays R.F.C., coaches, sponsors, supervisors, volunteers, trainers, and any facilities hosting team practices or games for any injury that may be suffered by my child in the normal course of participation in the activities incidental thereto, whether the result of negligence or any other cause.

I give permission for my child to be transported to practice, games or events by a parent, guardian, and/or member of the team or coach of the Liberty Jays R.F.C. In an emergency, if I cannot be reached immediately, I authorize Tracey Davies or another member of the coaching staff or affiliated parent to give my insurance information on my behalf to have my child treated.

I give the administration, teachers and staff of my student's school permission to contact my child's coach in regard to their academic and behavioral performance at school in order to ensure a positive alliance for my student's success at school.

### PLAYER INFORMATION (please print all information neatly):

Player Name: \_\_\_\_\_ Graduation Year: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Players Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### PARENT/GUARDIAN INFORMATION:

Parent/Guardian's full name: \_\_\_\_\_ Home #: \_\_\_\_\_

Email: \_\_\_\_\_ Cell #: \_\_\_\_\_

Parent/Guardian's full name: \_\_\_\_\_ Home #: \_\_\_\_\_

Email: \_\_\_\_\_ Cell #: \_\_\_\_\_

### MEDICAL/ADDITIONAL EMERGENCY CONTACT INFORMATION:

Medical Insurance Information: \_\_\_\_\_

Policy Holder and Number: \_\_\_\_\_

Emergency Contact and Phone Number: \_\_\_\_\_

Please list any physical limitations (allergies, hearing, sight, etc.): \_\_\_\_\_

I have read the above information, agree to the parent waiver and assure that all information is correct.

\_\_\_\_\_  
PLEASE PRINT (Parent Name)

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

# Player Code of Conduct

I agree to adhere to the following laws and regulations, always remembering the five Core Values of World Rugby; Discipline, Integrity, Passion, Solidarity and Respect.

I agree to conduct myself, both on and off the field, in a manner that reflects positively upon my sport, my teammates, and my coaches. I understand my behavior in school reflects how people perceive rugby and that my parents, coaches and school staff are in partnership to help me succeed on and off the field.

I agree to do my best in school and realize that if I am suspended (in-school or out-of-school), I forfeit my right to attend practice for those days I am suspended.

I also understand that if I am suspended out-of-school, I forfeit my right to attend practice and will not play in games while I am suspended, as well as the first game after my suspension has been lifted. I may forfeit my right to be a member of the team, including dues paid for membership, depending on the offense.

I understand that if I am expelled for disciplinary reasons from school, I forfeit my right to be a member of this club and I am not entitled to reimbursement of any money paid to be a member of this team.

I understand that if I participate in underage drinking, or if I am found to have consumed any illegal substances, I will be suspended from practice or games at the discretion of the coaching staff and I may forfeit my right to be a member of the team, including dues paid for membership, depending on the offense.

I realize that rugby is a competitive contact sport and with that comes the risk of injury. As a responsible member of this team, I realize that practice attendance is mandatory both for my safety and the safety of my teammates. I agree to notify my coach when I will not be able to attend or will be late to practice for whatever reason, prior to the missed practice.

I agree to do my best in my sport and respect those trying to help me. I agree to make every effort to be a team player and help others enjoy the sport. I understand that the coaches and volunteers who help with the team are here because they are dedicated to the success of the sport of rugby, me, and my teammates. I fully understand that disrespect to those coaches and volunteers or foul language of any kind will not be tolerated and can be grounds for suspension or removal from the team.

Most importantly, I agree to have fun and learn what I can about the sport of rugby.

I have read the laws and regulations of the Liberty Jays Rugby Football Club and do agree to follow them.

<b>PERSON</b>	<b>PRINT NAME</b>	<b>SIGNATURE</b>	<b>DATE</b>
<b>PLAYER</b>			
As a parent/guardian/coach of the above player, I will help my player understand sportsmanship, responsibility and commitment to his/her team and community by being a role model to my player. I also understand that my behavior and attitude reflects directly on this program and I will hold myself and my player accountable to this code of conduct.			
<b>PARENT</b>			
<b>COACH</b>	T. S. Davies		Spring 2023

# 2023 SPRING PAYMENT FORM

**PLEASE PRINT!**

Player(s) Name: \_\_\_\_\_

Name(s) on check: \_\_\_\_\_

Write Check to: **BLUE JAY NATION** Circle Method of Payment: Cash or Check (# \_\_\_\_\_)

- **Please write player name on Memo line of Checks.**

Item	Price	Quantity		Total per line
<b>USA Rugby Dues</b> (Please print a copy of your USA Rugby receipt, and return to Coach Davies for proof of registration)	\$90 (plus processing) <b>PAID                      ONLINE</b>	Must be paid online via <a href="https://usa.rugby/">https://usa.rugby/</a>		Pay online via <a href="https://usa.rugby/">https://usa.rugby/</a>
<b>Team Dues</b> (covers some team expenses like team registration and other expenses incurred during the season)	\$55			\$
Team Rugby Shorts (solid black), required for new players, optional for returning players.	\$28/pair		<b>Size Waist</b>	\$
Team Socks (black) (If your player already has solid black soccer socks, those are fine).	\$6/pair		<b>Shoe Size</b>	\$
<b>Total Payment</b>				<b>\$</b>

**PAPERWORK DUE ASAP!**

If payment is an issue, please contact Coach Davies so that we can work out a payment plan and you will still be able to attend practice, just not do contact until your physical is submitted, you are registered with USA Rugby and your paperwork is in.

If we do not hear from you, we need these payments ASAP.

# Impact Test Directions

Website- [www.impacttestonline.com/schools](http://www.impacttestonline.com/schools)

ID Code- 61fc481460

## Launch Baseline

- Fill out Personal Information.
- Read the directions thoroughly and do your best!
- When finished, do not print! Just close the browser.

Questions? Please email [hannah.lowrance@lps53.org](mailto:hannah.lowrance@lps53.org)