

## **2021 Spring Jays Men's Rugby Information and Registration**

In 2019, we broke records with the highest number of registered players to date for our club. In 2020, we were on the path to potentially doing it again but a pandemic had other plans. While 2021 is still uncertain, one thing is certain, we have missed our amazing athletes who are brave enough to step outside their comfort zone and be willing to give Rugby a try!

If the past 10 months have taught us anything, it has taught us that we are stronger than we know and that we have the ability to make changes, even challenging ones. This season will continue that trend of us having the strength to overcome challenges and obstacles in order to do what we love. If we want to be able to play our great sport, we need to be able to understand, this season is about keeping the game of rugby growing. This season is about giving us the opportunity to get back on the field with our rugby family, no matter the challenges.

Our mission will continue to be to teach young men the game of rugby and work to instill the Core Values of World Rugby; discipline, passion, integrity, solidarity and respect in our players, fans and coaches. Together, our coaches, players and community work to build a strong team culture based on those core values. You can find [Parent and Coach Testimonials](#) about our program on our [website \(www.bluejayrugby.com\)](#).

As coaches, we couldn't be more proud of the camaraderie and hard work that our young men have put into building a strong family. You can learn more about our coaching staff on our website by visiting our [Coaching Staff Page](#). Our coaching staff expect our players to be good ambassadors of rugby on the field as well as in the classroom.

Our hard work is only possible with the help of everyone involved, especially parents/guardians. With COVID, we are going to rely heavily on parent/guardian support for helping follow COVID restrictions, transporting your players and making sure your player has what they need to participate. From my first experiences with Liberty, LHS has parental and fan support that is inspiring. We look forward to working with all of you and continuing to build Jays Rugby!

### **Player Checklist:**

Each player is required to complete the applicable forms in this packet and sign them. Please check off everything on this checklist and return everything to Coach Davies:

\_\_\_ **All players are required to get and submit a physical through PRIVIT:**

- <https://libertybluejays-mo.e-ppe.com/index.jspa>
- **If you already have a physical on file for 2020-2021, you need to add Rugby to appear on our roster.**

\_\_\_ **Register with USA Rugby - <https://usarugby.sportlomo.com/>**

\_\_\_ **Parent Waiver, Consent and Registration Form** (Packet Page 3).

\_\_\_ **Code of Conduct** (Packet Page 4).

\_\_\_ **Payment Form and Payment** - please do not turn in any money without a form (Packet Page 5).

\_\_\_ **A photocopy of the front and back of the player's current Health Insurance Card.**

\_\_\_ **Complete Impact Testing** - Directions provided by a PDF from Coach Davies.

\_\_\_ **Complete USA Rugby COVID Training Module** - print certificate and give it to Coach Davies.

- <https://playerwelfare.worldrugby.org/?documentid=module&module=37>

While players should be at all assigned practices after completing the COVID training, they will not be allowed to participate until their physical appears on our roster in PRIVIT. They will not be allowed to contact until they have registered with USA Rugby.

### **Fees:**

- ★ Fees are reduced this season due to COVID. We do not want money to be a reason a player does not participate.
  - When you register with USA Rugby, it is \$60 plus a small processing fee. Players must register with USA Rugby.
  - You will owe the team \$30 in club fees and there is a payment form in this packet.
- ★ Everyone is required to have team shorts (**\$27**) and solid black socks (\$5) as part of your team uniform.
- ★ Jerseys belong to the team and will be provided by the team at each game. Jerseys must be returned following every match. A team of parent volunteers willing to help wash jerseys following games would be much appreciated!
- ★ AGAIN, if payment is an issue — PLEASE talk to Coach Davies. Though complete non-payment is not an option, we may be able to negotiate payment plans and financial help. There will be a fee for returned checks from Blue Jay Nation for checks with insufficient funds.

### Practice:

- ★ Players can participate fully in practice once they have completed the COVID Training, have a current physical in PRIVIT, turned in paperwork and registered with USA Rugby.
- ★ Practice is mandatory and essential for the safety of all players. Players are expected to be at every practice and be on time for practice. **Players must report absences through the team website prior to the missed practice.** On time means cleats on and ready at start time.
- ★ Due to COVID, we will start out with Seniors/Juniors will practice Monday/Wednesday, Sophomores/Freshmen on Tuesday/Thursday. We are hoping to move quickly to full team practices on Monday, Wednesday and Thursday from 4:00 to 6:00 at Liberty Oaks Elementary. Rugby is a contact sport. If you are not at practice, the coaching staff cannot, with confidence, put you on the field. Attendance will be taken.

### Practice Rules:

- Players must check in at every practice and have a mask for practice, especially when social distancing isn't possible.
- Please always have a mouth guard at practice and bring your own water.
- Always remember to pack tennis shoes and cleats in case we change practice surfaces.
- Respect the building and those in it at all times. Please be perfect gentlemen at all times and follow COVID protocols.
- Snow days for Liberty Public School District also cancels practice.
- Players are expected to come to practice in appropriate activewear to participate in an active, contact sport.

### Tournaments/Home Games:

We have played home games at LHS's stadium and Hodge Park Rugby Field.

### Volunteers:

**It is our goal to involve as many parents in our rugby club as possible.** We wish to invite all parents to attend each game and travel with us. It is our mission to teach rugby properly so your sons can enjoy a game that offers them camaraderie, fitness, a great community and commitment to being an ambassador for their sport. Proper training and coaching reduces the risk of injury, which is a possibility in any contact sport. As coaches and promoters of the game, we have your son's health and safety in mind at all times. We need several parents to volunteer to lead several duties, to allow the coaching staff to focus on coaching. If you would be interested in leading or working in any of the following areas please let Coach Davies know as soon as possible:

- ★ **Fund-raising:** To avoid an extreme rise in team dues, fund-raising is vital and all players are required to participate. The team needs a parent (or multiple parents) to plan and organize fundraisers.
- ★ **Jersey Duty:** We need parents who would volunteer to wash the jerseys after each match. They are to be washed and hung to dry and folded back in the boxes for the next match, preferably in numeric order.
- ★ **Water Bottle Duty:** We need parent volunteers to also take the water bottles home to wash them and bring them back full for the next match.
- ★ **Team Apparel:** We need a player/parent to take on the project of designing some team apparel. These would serve as a fundraiser for the team as well as a positive and professional way to promote the team and sport. Designs will need to be approved by Coach Davies.

### Injuries:

Rugby is a contact sport, and like any other contact sport injuries happen on occasion. Your child's safety is of the utmost importance to our coaching staff and will always be valued more than any competition. If the injury is significant and they are required to seek professional medical attention, we want to make sure they are healed properly before returning to play. That means each player will be required to see the LHS Trainers, bring a signed note clearing your child for returning to play like any other athlete.

If your child is suspected of a concussion, it is required that professional medical personnel examine them the day of the injury. If it is confirmed they received a concussion your child will not be allowed to return to participating in practice until following the MSHSAA Return to Play Protocol and will only be introduced back to play slowly with non-contact practice at first. Your child will also need a doctor's note clearing them to return back to practice and play with the team. Your child is more important to us the rest of his life than for one game or season so making sure your players are being honest about their health is very important.

## Parental Waiver, Consent and Registration Form

As a parent or legal guardian of \_\_\_\_\_, I hereby give my full consent and approval for my child to participate as a member of the Liberty Jays Rugby Football Club in practices, games, various camps and activities.

I understand that there are certain risks inherent in playing the sport of rugby, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below. Players are eligible to play for four years from the first year of their enrollment as a freshman.

In addition to giving my full consent for my child's participation, I do hereby waive, release and hold harmless the Liberty Jays R.F.C., coaches, sponsors, supervisors, volunteers, trainers, and any facilities hosting team practices or games for any injury that may be suffered by my child in the normal course of participation in the activities incidental thereto, whether the result of negligence or any other cause.

I give permission for my child to be transported to practice, games or events by a parent, guardian, and/or member of the team or coach of the Liberty Jays R.F.C while following COVID Protocol. In an emergency, if I cannot be reached immediately, I authorize Tracey Davies or another member of the coaching staff or affiliated parent to give my insurance information on my behalf to have my child treated.

I give the administration, teachers and staff of my student's school permission to contact my child's coach in regard to their academic and behavioral performance at school in order to ensure a positive alliance for my student's success at school.

### PLAYER INFORMATION (please print all information neatly):

Name: \_\_\_\_\_ Graduation Year: \_\_\_\_\_ School: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

### PARENT/GUARDIAN INFORMATION:

Parent/Guardian's full name: \_\_\_\_\_ Home #: \_\_\_\_\_

Email: \_\_\_\_\_ Cell #: \_\_\_\_\_

Parent/Guardian's full name: \_\_\_\_\_ Home #: \_\_\_\_\_

Email: \_\_\_\_\_ Cell #: \_\_\_\_\_

### MEDICAL/ADDITIONAL EMERGENCY CONTACT INFORMATION:

Medical Insurance Information: \_\_\_\_\_

Policy Holder and Number: \_\_\_\_\_

Emergency Contact and Phone Number: \_\_\_\_\_

Please list any physical limitations (allergies, hearing, sight, etc.): \_\_\_\_\_

I have read the above information, agree to the parent waiver and assure that all information is correct.

PLEASE PRINT (Parent Name)

Parent Signature

Date

# Player Code of Conduct

I agree to adhere to the following laws and regulations, always remembering the five Core Values of World Rugby; Discipline, Integrity, Passion, Solidarity and Respect.

I agree to conduct myself, both on and off the field, in a manner that reflects positively upon my sport, my teammates, and my coaches. I understand my behavior in school reflects how people perceive rugby and that my parents, coaches and school staff are in partnership to help me succeed on and off the field.

I agree to do my best in school and realize that if I am suspended (in-school or out-of-school), I forfeit my right to attend practice for those days I am suspended.

I also understand that if I am suspended out-of-school, I forfeit my right to attend practice and will not play in games while I am suspended, as well as the first game after my suspension has been lifted. I may forfeit my right to be a member of the team, including dues paid for membership, depending on the offense.

I understand that if I am expelled for disciplinary reasons from school, I forfeit my right to be a member of this club and I am not entitled to reimbursement of any money paid to be a member of this team.

I understand that if I participate in underage drinking, or if I am found to have consumed any illegal substances, I will be suspended from practice or games at the discretion of the coaching staff and I may forfeit my right to be a member of the team, including dues paid for membership, depending on the offense.

I realize that rugby is a competitive contact sport and with that comes the risk of injury. As a responsible member of this team, I realize that practice attendance is mandatory both for my safety and the safety of my teammates. I agree to notify my coach when I will not be able to attend or will be late to practice for whatever reason, prior to the missed practice.

I agree to do my best in my sport and respect those trying to help me. I agree to make every effort to be a team player and help others enjoy the sport. I understand that the coaches and volunteers who help with the team are here because they are dedicated to the success of the sport of rugby, me, and my teammates. I fully understand that disrespect to those coaches and volunteers or foul language of any kind will not be tolerated and can be grounds for suspension or removal from the team.

Most importantly, I agree to have fun and learn what I can about the sport of rugby.

I have read the laws and regulations of the Liberty Jays Rugby Football Club and do agree to follow them.

<b>PERSON</b>	<b>PRINT NAME</b>	<b>SIGNATURE</b>	<b>DATE</b>
<b>PLAYER</b>			
As a parent/guardian/coach of the above player, I will help my player understand sportsmanship, responsibility and commitment to his/her team and community by being a role model to my player. I also understand that my behavior and attitude reflects directly on this program and I will hold myself and my player accountable to this code of conduct.			
<b>PARENT</b>			
<b>COACH</b>	T. S. Davies		Spring 2021

# 2021 SPRING PAYMENT FORM

**PLEASE PRINT!**

**Player(s) Name:** \_\_\_\_\_

**Name(s) on check:** \_\_\_\_\_

**Write Check to:** **BLUE JAY NATION** Circle Method of Payment: Cash or Check (# \_\_\_\_\_)

- **Please write player name on Memo line of Checks.**

Item	Price	Quantity		Total per line
<b>USA Rugby Dues</b> (Please print a copy of your MYRugby receipt, and return to Coach Davies for proof of registration)	\$60 (+ processing fee) <b>PAID ONLINE</b>	Must be paid online via <a href="http://www.missouriouthrugby.com">www.missouriouthrugby.com</a>		Must be paid online via <a href="http://www.missouriouthrugby.com">www.missouriouthrugby.com</a>
<b>Team Dues</b> (covers some team expenses like team registration and other expenses incurred during the season)	\$30			\$
Team Rugby Shorts (Black Rugby Shorts)	\$27/pair		<b>Size Waist</b>	\$
Team Socks (black) (If your player already has solid black soccer socks, those are fine).	\$5/pair		<b>Shoe Size</b>	\$
<b>Total Payment</b>				\$

**PAPERWORK DUE ASAP!**

If payment is an issue, please contact Coach Davies so that we can work out a payment plan and you will still be able to attend practice, just not do contact until your physical is submitted, you are registered with USA Rugby and your paperwork is in.

If we do not hear from you, we need these payment ASAP.