2016 Spring Jays Rugby Information and Registration

Welcome:

The Liberty Jays Rugby Club has a history of camaraderie and brotherhood. We bring together young men from different sports histories, including no sports history and bring them together to form a team of dedicated and disciplined rugby playing young men. You can find Parent and Coach testimonials on our website.

My name is Tracey Davies and I am the founder and head coach of the Liberty Jays. I played for Truman State University, Western Territorial All-Star Team, the Under-23 National Team, the National Team and the Kansas City Jazz. I am also a former USA Rugby Collegiate All-American. I am the head coach of the Lady Jay Rugby Club and we have successfully won three State Championships. I coached the Kansas City Jazz, a local women's team, in the fall of 2011 and 2012 and my staff and I were able to take them from a team that didn't win a game the season before to finishing 2nd in a ten state region the next two years. Our coaching staff expect our players to be good ambassadors of rugby on the field as well as in the classroom. We have fun, travel and build lasting friendships but also expect hard work, discipline and dedication. We look forward to an exciting season ahead for our gentlemen of Liberty High School! That is only possible with commitment and support from the coaches, players and parents! LHS has as parental and fan support that was inspiring to watch. As the Jays, we have often outnumbered fans at away games and our sidelines were full of supporters.

We look forward to working with all of you and building Jays Rugby!

Player Checklist:

Players and parents are required to complete the enclosed forms and sign them. Players must have signed statements of permission from parents/guardians on the Parent Waiver and Code of Conduct forms. If the player is 18, he may sign and return only the USA Rugby form without a parent's signature but everyone must have witness signatures as well. The items that are <u>required</u> to be turned in are:

Willed III Wild.
Parent Waiver, Consent and Registration Form.
USA Rugby Participation Form (two page document).
A photocopy of the front and back of player current Health Insurance Card.
A photocopy of current player STUDENT ID.
Code of Conduct-player and parent are required to sign this form.
Payment Form and Payment-please do not turn in any money without a form.
Receipt From USA Rugby following online registration.
Players will be required to practice, but will not be allowed to do any contact until they have registered with USA Rugby's online
system at www.usarugby.org (click on "Register" at the top right and follow the directions).

Home Games:

At this time, our home field is Hodge Park Athletic Fields. It is a field for the Northland Men's Rugby Team that they are kind enough to share with us. To find it on Google, put in Hodge Park Baseball Fields and it should give you an address of 20 NE Reinking Rd, Kansas City, MO 64157.

Fees:

- Total dues will add up to \$111.50, but if please talk to Coach Davies if money is an issue as we will work with you. When you register with USA Rugby, you will be charged \$71.50. Please make sure you register with Liberty Jays Rugby Football Club. You will owe the team \$40 in club fees and there is a payment form in this packet. Players must register with USA Rugby and pay their club dues before they can do contact.
- An additional \$32 for game shorts and socks (black). Everyone is required to have team shorts and socks that will make our team uniform. If you have solid black soccer socks, feel free to use those. We do recommend you purchase rugby shorts due to their durability.
- USA rugby has added major medical insurance to the benefits of membership but is only based on injuries resulting from practice and games. Go to http://usarugby.org/insurance-2 for more detail on what the insurance covers and the deductible.
- Jerseys belong to the team and will be provided by the team at each game. Jerseys must be returned following every match. A team of parent volunteers willing to help wash jerseys following games would be much appreciated!
- If payment is an issue—PLEASE talk me. We may be able to negotiate payment plans as long as we are assured full payment and we have had people sponsor players to help with dues. Dues not paid can impact playing time. There will be a fee for returned checks from LHS for checks with insufficient funds.

Practice:

- Players should attend practices but cannot do contact until they have turned in appropriate paperwork and paid their fees (if money is an issue, talk to Coach Davies). The paperwork and dues are required for insurance and liability coverage.
- Practice is mandatory and essential for the safety of yourself and your teammates. Players are expected to be at every
 practice and be on time for practice. Coach must be made aware of absences before the missed practice. On time means
 cleats on and ready at start time.
- Practices are Monday, Wednesday and Thursday from 4:15 to 6:15 at a location to be determined by the district. If the practice is not on campus, in the past, the district has provided a shuttle.
- Practices are mandatory. Rugby is a contact sport. If you are not at practice, I cannot, with confidence, put you on the field. Attendance will be taken at practice.

Practice Rules:

- Above 35 degrees and dry we will be outside.
- Below 35 degrees, we will try to secure a classroom to watch game tape or cafeteria to run some drills. Please be prepared with running shoes and cleats at all times as well as weather appropriate attire.
- When training indoors, remember that we need to appreciate the fact that they have allowed us to use of the building (wherever that might be.) Abuse of the building will cause us to have to train outside in all weather or not be able to practice. Please be perfect gentlemen at all times.
- Snow days for Liberty Public School District also cancels practice.
- Players are expected to come to practice in appropriate cold weather gear when necessary.

Volunteers:

It is our goal to involve as many parents in our rugby club as possible. We wish to invite all parents to attend each game and travel with us. It is our mission to teach rugby properly so that your sons can enjoy a game that offers them camaraderie, fitness, a great community and commitment to being an ambassador for their sport. Proper training and coaching reduces the risk of injury, which is a possibility in any contact sport. As coaches and promoters of the game, we have your son's health and safety in mind at all times. We need several parents to volunteer to lead several aspects so that the coaching staff can focus on coaching. If you would be interested in leading or working in any of the following areas please let Coach Davies know as soon as possible:

- **Fund-raising**: to avoid an extreme rise in team dues, fund-raising is vital and all players are required to participate. The team needs a parent (or multiple parents) to plan and organize fundraisers.
- **Jersey Duty**: We need parents who would volunteer to wash the jerseys after each match. They are to be washed and hung to dry and folded back in the boxes for the next match, preferably in numeric order.
- Water Bottle Duty: We need parent volunteers to also take the water bottles home to wash them and bring them back full for the next match.
- **Team Apparel**: We need a player/parent to take on the project of designing some team apparel, which should also serve as a fundraiser for the team as well as a positive and professional way to promote the team and sport. Designs will need to be approved by the coaching staff.

Injuries:

Rugby is a contact sport, and like any other contact sport, injuries happen on occasion. Your player's safety is of the utmost importance to our coaching staff and that safety will always be valued more than any competition. If the injury is significant and they are required to seek professional medical attention, we want to make sure they are healed properly before returning to play. That means each player will be asked to bring a signed doctor's note clearing your player for returning to play.

If your player is suspected of a concussion, it is strongly recommended that professional medical personnel examine them the day of the injury. If it is confirmed they received a concussion, your player will not be allowed to return to participating in practice until they symptom free for 7 days and will only be introduced back to play slowly with non-contact practice at first. Your player will also need a doctor's note clearing them to return back to practice and play with the team. Our players are more important to us the rest of their lives than for one game or season.

Parental Waiver, Consent and Registration Form

As a parent or legal guardian of child to participate as a member of the Liberty Jays Rugby Football C	, I hereby give my full consent and approval for my lub in practices, games, various camps and activities.				
I understand that there are certain risks inherent in playing the sport of rugby, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.					
In addition to giving my full consent for my child's participation, I do R.F.C., coaches, sponsors, supervisors, volunteers, trainers, and any fa suffered by my child in the normal course of participation in the activation any other cause.	acilities hosting team practices for any injury that may be				
I give permission for my child to be transported to practice, games or coach of the Liberty Jays R.F.C. In an emergency, if I cannot be reach member of the coaching staff or affiliated parent to give my insurance	hed immediately, I authorize Tracey Davies or another				
I give the administration, teachers and staff of my student's school per academic and behavioral performance at school in order to ensure a performance at					
PLAYER INFORMATION (please print all information neatly):					
Name: Gradua	ation Year: School:				
Date of Birth: Home Phone #:	Cell Phone #: T-shirt size:				
Email:					
Address:					
City:State:	Zip:				
PARENT/GUARDIAN INFORMATION:					
Parent/Guardian's full name:	Home #:				
Email:	Cell #:				
Parent/Guardian's full name:	Home #:				
Email:	Cell #:				
MEDICAL/ADDITIONAL EMERGENCY CONTACT INFORMATION	N:				
Medical Insurance Information:					
Policy Holder and Number:					
Emergency Contact and Phone Number:					
Please list any physical limitations (allergies, hearing, sight, etc.):					
I have read the above information, agree to the parent waiver and assure that a	all information is correct.				
PLEASE PRINT (Parent Name) Parent Signature	Date				

USA RUGBY RELEASE OF LIABILITY

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT, I AM AGREEING TO RELEASE THE RELEASED PARTIES FROM LIABILITY. I HAVE THEREFORE BEEN ADVISED TO READ THIS DOCUMENT CAREFULLY BEFORE SIGNING IT.

This Participation Agreement and Waiver and Release of Liability is entered into by the undersigned "Participant" in favor of USA Rugby, its member unions, clubs, organizations, affiliates, partners, sponsors, vendors, directors, officers, employees, volunteers, members, agents, contractors, contracted entities and facilities and the owners and lessors thereof, (hereinafter referred to as "USA Rugby" or collectively as the "Released Parties").

Witnes	is	Printed Name	Date
Partici	pant Signature	Printed Name	Date
THIS A THIS A OF KI AGAIN LEAS	AGREEMENT, I HAVE HAD TH AGREEMENT, THAT I ASSUME N, FAMILY, RELATIVES, GUAF IST RELEASED PARTIES. THI	COMPLETELY READ AND UNDERSTAND THIS AGE E OPPORTUNITY TO ASK ANY QUESTIONS ABOU E ALL RISKS AND WAIVE AND RELEASE CERTAIN RDIANS, CONSERVATORS, EXECUTORS, ADMINIST S RELEASE SHALL BE EFFECTIVE AND BINDING U AM UNDER THE AGE OF 18, THAT MY PARENT	T THIS AGREEMENT. I AM AWARE, BY SIGNING RIGHTS THAT I AND EACH OF MY HEIRS, NEXT TRATORS, TRUSTEES AND ASSIGNS MAY HAVE IPON ME. I FURTHER REPRESENT THAT I AM AT
6.		this document is determined to be invalid for any reaso which other provisions shall remain in full force and eff atedINITIAL HERE	
5.	permitted under applicable law	risdiction: I understand and agree that this document is and shall be governed by Colorado law. In the even ng out of such dispute shall be the state court of Bould TAL HERE	ent of a dispute, the exclusive venue and
4.	DISCHARGE, COVENANT NO PARTIES from any and all liab stemming from any or all clair negligent rescue operations, fir 13-22-107 if I am a Minor, surped disability, and/or death, or prope caused in whole or in part by person makes a claim on my b PARENT/GUARDIAN, IF APP PARTIES FROM ANY LIABILITY.	ty. In consideration for the privilege of my participat DT TO SUE, AND AGREE TO INDEMNIFY AND SA lility, demands, losses, medical expenses, lost opportuning for negligence, expressed or implied warranty, constraid, and emergency care, to the broadest extent perfect by me and incurred on my account with respect to retry damage, arising directly or indirectly from my participated to the Released Parties or any of them, and further agree chalf against any of the Released Parties, unless, and of PLICABLE, WILL INDEMNIFY, SAVE AND HOLD FITY, LITIGATION EXPENSES, ATTORNEY FEES, LOWY SUCH CLAIM, WHETHER ASSERTED BY ME, MINITIAL HERE	VE AND HOLD HARMLESS RELEASED ities, damages or attorneys fees and costs ntribution, and indemnity, and/or claims of mitted by applicable law, including C.R.S. § my personal injury and other injury or harm, ipation in Activities, as caused or alleged to e that if, despite this Release, I or any other to the extent, prohibited by law, I AND MY HARMLESS EACH OF THE RELEASED ISSES, DAMAGES OR COSTS ANY MAY
3.		INSENT TO PARTICIPATION IN THE ACTIVITIES A PONSIBILITY FOR LOSSES, COSTS, AND DAMAGES	
2.	PARALYSIS AND DEATH. R field, facility and/or fixed object high altitude; flaws and defects officiating, negligent coaching inaction of others participants, t	ises me to RISKS OF SERIOUS BODILY INJURY, isks may arise out of contact and/or participation with s; falls, collisions, rough play, and other mishaps; exposin equipment and facilities; irregular field conditions; and negligent participation. Risks may be caused by representation of the facilities in which the Activities take ere may be other risks and social and economic loss	other participants, spectators, equipment, osure to adverse weather conditions and/or and negligent field maintenance, negligent my own actions, or inaction, the actions or place, and/or THE NEGLIGENCE OF THE
1.	social events (referred to herein and can be HAZARDOUS AND	f USA Rugby, including but not limited to warm-up, train as the "Activities"), includes participation in a full-contended to PRESENT A DANGER TO ME. I believe I am qualified be unsafe, I will immediately discontinue further part	tact sport, requires good health and fitness I to participate in the Activities, and if at any
		rities, I and my Parent/Guardian, if applicable, acknowle	

CONSENT OF PARENT/GUARDIAN FOR PARTICIPANTS UNDER 18

I REPRESENT THAT I AM THE PARENT/GUARDIAN OF THE UNDERSIGNED PARTICIPANT, WHO IS UNDER 18 YEARS OF AGE. I HAVE READ THE ABOVE RELEASE AND AM FULLY FAMILIAR WITH THE CONTENTS THEREOF. IN CONSIDERATION FOR ALLOWING MY CHILD/WARD TO PARTICIPATE IN ACTIVITIES, I HEREBY CONSENT TO THE FOREGOING ON BEHALF OF MY CHILD/WARD AND AGREE THAT THIS RELEASE SHALL BE BINDING UPON ME, MY CHILD/WARD, HEIRS, LEGAL REPRESENTATIVES AND ASSIGNS. Parent/Guardian Signature Printed Name Date Witness Printed Name Date USA RUGBY RULES ACKNOWLEDGEMENT 1. I understand and agree to abide by all International Rugby Board, USA Rugby, territorial and local area union rules and regulations, including the arbitration procedures therein, for any dispute regarding my eligibility or right to participate in, USA Rugby-sponsored and USA Rugby-sanctioned activities and events, as set forth in the Bylaws of USA Rugby, as they are amended on a periodic basis, which I understand are available on the USA Rugby website (www.usarugby.org). I affirm that I am not suspended or banned from play or participation by any club, local area union, territorial union, or national union, and I authorize USA Rugby to verify my citizenship status with the appropriate governmental agencies. I am aware that USA Rugby has the right to revoke my membership registration and therefore my eligibility to play or coach, in the event of any violation of the aforementioned statement. I HAVE READ THIS ACKNOWLEDGMENT AND FULLY UNDERSTAND ITS TERMS, AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT. IN CONSIDERATION FOR THE PRIVILEGE OF PARTICIPATION IN USA RUGBY ACTIVITIES, I FURTHER REPRESENT THAT I AM AT LEAST 18 YEARS OF AGE OR, IF I AM UNDER THE AGE OF 18, THAT MY PARENT/ GUARDIAN HAS SIGNED THIS FORM IN THE SECTION BELOW. Participant Signature Printed Name Date CONSENT OF PARENT/GUARDIAN FOR PARTICIPANTS UNDER 18 I REPRESENT THAT I AM THE PARENT/GUARDIAN OF THE UNDERSIGNED PARTICIPANT. WHO IS UNDER 18 YEARS OF AGE. I SIGN THIS DOCUMENT VOLUNTARILY AND WITH FULL UNDERSTANDING OF ITS TERMS AND LEGAL SIGNIFICANCE. I ATTEST THAT, IF I AM THE SOLE PARENT/GUARDIAN SIGNING BELOW, MY SIGNATURE IS SUFFICIENT TO CONSENT TO THE PARTICIPATION OF THE MINOR IN THE ACTIVITIES AND TO ENTER INTO THIS AGREEMENT ON BEHALF OF THE MINOR. PROVIDE NAME OF MINOR:

PLEASE PRINT, INITIAL, SIGN AND RETURN TO YOUR AFFILIATED CLUB

Parent/Guardian Signature

Parent/Guardian Signature

All clubs are required to maintain the signed waivers & releases in their possession for a minimum of three (3) years and provide to USA Rugby at any time upon request.

Printed Name

Printed Name

Date

Date

For more information about USA Rugby's Liability Insurance protection, please visit: www.usarugby.org.

Player Code of Conduct

I agree to adhere to the following laws and regulations, always remembering the five finger contract to help build a strong team: SAFETY. RESPECT. COMMITMENT. SUPPORT. FUN.

I agree to conduct myself, both on and off the field, in a manner that reflects positively upon my sport, my teammates, and my coaches. I understand my behavior in school reflects how people perceive rugby and that my parents, coaches and school staff are in partnership to help me succeed on and off the field.

I agree to do my best in school and realize that if I am suspended (in-school or out-of-school), I forfeit my right to attend practice for those days I am suspended.

I also understand that if I am suspended out-of-school, I forfeit my right to attend practice as long as I am suspended and will not play and games while I am suspended as well as the first game after my suspension has been lifted. I may forfeit my right to be a member of the team, including dues paid for membership, depending on the offense.

I understand that if I am expelled for disciplinary reasons from school, I forfeit my right to be a member of this club and I am not entitled to reimbursement of any money paid to be a member of this team.

I understand that if I participate in underage drinking or if I am found to have consumed any illegal substances I will be suspended from practice or games at the discretion of the coaching staff and I may forfeit my right to be a member of the team, including dues paid for membership, depending on the offense.

I realize that rugby is a competitive contact sport and with that comes the risk of injury. As a responsible member of this team, I realize that practice attendance is mandatory both for my safety and the safety of my teammates. I agree to notify my coach when I will not be able to attend or will be late to practice for whatever reason, prior to the missed practice.

I agree to do my best in my sport and respect those trying to help me. I agree to make every effort to be a team player and help others enjoy the sport. I understand that the coaches and volunteers who help with the team are here because they are dedicated to the success of the sport of rugby, me, and my teammates. I fully understand that disrespect to those coaches and volunteers or foul language of any kind will not be tolerated and can be grounds for suspension or removal from the team.

Most importantly, I agree to have fun and learn what I can about the sport of rugby.

I have read the laws and regulations of the Liberty Jays Rugby Football Club and do agree to follow them.

PERSON	PRINT NAME	SIGNATURE	DATE	
PLAYER				
As a parent/guardian/coach of the above player, I will help my player understand sportsmanship, responsibility and commitment to his/her team and community by being a role model to my player. I also understand that my behavior and attitude reflects directly on this program and I will hold myself and my player accountable to this code of conduct.				
PARENT				
СОАСН				

2016 SPRING PAYMENT FORM PLEASE PRINT!

Player(s) Name:	
Write Check to: BLUE JAY NATION	Circle Method of Payment: Cash or Check (#)
Name(s) on check:	

Item	Price	Quantity	Total per line
Team Dues	\$40		\$
\$40 to team			
You must pay USA			
Rugby \$71.50 in their			
online registration. Please			
provide a copy of your			
USA Rugby receipt			
which they should email			
to you.			
Team Rugby Shorts	\$26/pair	Size Waist	\$
(black), required for new			
players, optional for			
returning players.			
Team Socks (black),	\$6/pair	Shoe Size	\$
required for new players,			
optional for returning			
players.			
Total Payment			\$
_			

Players need to be registered to participate in contact practices!

If payment is an issue, please meet with me so that we can work out a payment plan or see if we can help you. You should still attend practice, just not do contact until payment is resolved. If we do not hear from you, we expect this payment at your first practice or before! You will not be able to do contact practice until dues are paid or arrangements made. Players are still highly encouraged to attend practice as attendance is very important.